

# KEMPTVILLE CAMPUS

JULY 4—SEPT. 2 2011

## FIT & FUN CAMP



For more information, or to book a spot at this exciting camp, please contact Leah at: 613-258-8336 ext. 61234 or [leah@kemptvillecampus.ca](mailto:leah@kemptvillecampus.ca)  
[www.kemptvillecampus.ca](http://www.kemptvillecampus.ca)

It's time! Summer camp registration has begun!

Kemptville Campus Fit & Fun Camp instills a good attitude towards health, nutrition and being active while developing motor skills, social interaction, self esteem and teamwork.

Youth campers will have non stop fun with activities that combine the best in sports, fitness and games!

- \* Earthball \* Beach Volleyball \* Healthy Cooking & Smart Food Choices \* Yoga \* Capture the Flag
- \* Fitness Fundamentals \* Tennis \* Water Games \* Interactive Video Games \* Zumba & Hip Hop Dance

For children aged 7 - 12 **\$199.00** per camper / per week  
Including café lunch and 2 snacks daily  
**9:00 a.m. - 4:00 p.m.**

Extended hours can be arranged upon booking.

